

# Fresh



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[www.aegonbreakfastclub.org](http://www.aegonbreakfastclub.org)

## Aramark creates the recipe for success at Royal Mile Primary School

Pupils from Royal Mile Primary School, joined by first team Heart of Midlothian player Jason Thomson helped create healthy culinary creations in the ARAMARK kitchen. The children were celebrating the launch of their very own AEGON Breakfast Club at Royal Mile Primary, which will make a healthy breakfast available to all pupils.



Children enjoyed a day in the kitchens with ARAMARK Executive Chef Neil Ross

Val Carter, Corporate Responsibility Director at ARAMARK said:

"The Breakfast Club event is an important part of ARAMARK's ongoing commitment to Corporate Responsibility and pushing healthy eating up the consumer agenda. We are looking forward to working with AEGON on similar projects in the future."

City Education Leader Councillor Marilyn MacLaren said:

"A good breakfast is a vital part of a healthy diet and an important start to the school day. This healthy start offered by our Breakfast Clubs helps young people to concentrate and focus"

## Become a Sponsor

For more information about the Breakfast Club, including potential support opportunities, please contact Neil Smith (details below):

## Founding Partners

### Heart of Midlothian Education and Community Trust

**Alan White**

Community Development Manager  
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### The City of Edinburgh Council

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### AEGON

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## Current AEGON Breakfast Club Sponsors & Supporters



## A child's point of view

School staff regularly tell us about the positive impact their breakfast club provision is having on the attendance, behaviour and achievement of some of their most vulnerable pupils.

However, it is important to us that we also gather feedback from the children attending to ensure that they too feel that the provision they receive is enjoyable, nourishing and supportive of their needs. Here are just some of their comments, which illustrate how much the children value and enjoy the care they receive at their breakfast club:



"The helpers are always ready when we come. They are nice and lovely and kind. If someone rich wanted to shut the breakfast club down I will fight to keep it open."

And some pupils love their breakfast club so much that it even inspires poetry in them!

"Breakfast club is the best, it's better than the rest,  
so if you're looking for a great place to eat,  
then come on down and my friend Anne will give you  
a treat,  
so that when you're hungry you should go,  
'cause as soon as you're there you'll never want to  
leave!"

It is feedback such as this which confirms to us just how important and valuable the breakfast club programme is, and how much enjoyment and support it provides to some of Edinburgh's most vulnerable children.

## Saltman brothers tee off Edinburgh Airport's continued funding for Ratho Primary School

Golfing brothers Elliot, Lloyd and Zack Saltman swapped their clubs for cereal bowls when they tucked into breakfast with youngsters at Ratho Primary School.

The sporting siblings were guests of honour at the AEGON Breakfast Club where the children were celebrating extended funding from local sponsors Edinburgh Airport.



Lloyd Saltman enjoys breakfast with the children

Lloyd Saltman said:

"The AEGON Breakfast Club is a great initiative and it's clear how much the children enjoy it. This helps the children establish a great attitude towards healthy eating."

Liz Walshe, Ratho Primary School Head Teacher said:

"We are delighted that Edinburgh Airport has offered to fund our breakfast club for another year. Their generosity really makes a difference to the children and families of Ratho."

More on this and other exciting stories can be found online: [www.aegonbreakfastclub.org](http://www.aegonbreakfastclub.org)